

# October 2017

◀ Sep 2017		<b>October 2017</b>					Nov 2017 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>1</b>	<b>2 B:</b> Cereal / Toast  <b>L:</b> Cowboy Cavatini, green beans	<b>3 B:</b> Long Johns  <b>L:</b> Chicken with a twist	<b>4 B:</b> Cereal / Toast  <b>L:</b> Hot turkey combo with homemade mashed potatoes	<b>5 B:</b> French toast stix  <b>L:</b> Tater tot hot dish, carrots, bosco stick	<b>6 B:</b> Cereal / Toast  <b>L:</b> Hot ham & cheese, baked beans	<b>7</b>	
<b>8</b>	<b>9</b>  NO SCHOOL	<b>10 B:</b> Bagels & Cream Cheese  <b>L:</b> Scalloped potatoes with ham, peas	<b>11 B:</b> Cereal / Toast  <b>L:</b> Grilled cheese, tomato soup	<b>12 B:</b> Waffles  <b>L:</b> Spaghetti with meat sauce, green beans, garlic toast	<b>13 B:</b> Cereal / Toast  <b>L:</b> Nachos	<b>14</b>	
<b>15</b>	<b>16 B:</b> Cereal / Toast  <b>L:</b> BBQ's, baked beans	<b>17 B:</b> Sausage, egg, cheese McMuffin  <b>L:</b> Roast Beef, potatoes, carrots	<b>18 B:</b> Cereal / Toast  <b>L:</b> Chicken stir fry with noodles or fried rice	<b>19 B:</b> Muffins  <b>L:</b> Crispitos with all the toppings, corn	<b>20 B:</b> Cereal / Toast  <b>L:</b> Breaded Chicken strips, green beans	<b>21</b>	
<b>22</b>	<b>23 B:</b> Cereal / Toast  <b>L:</b> Grilled chicken sandwich, carrots	<b>24 B:</b> Cheese omelette / toast  <b>L:</b> Beef soft tacos, refried beans	<b>25 B:</b> Cereal / Toast  <b>L:</b> Chicken Alfredo, broccoli	<b>26 B:</b> Breakfast Pizza  <b>L:</b> Pizza boats with marinara dipping sauce, corn	<b>27 B:</b> Cereal / Toast  <b>L:</b> Hamburger gravy with homemade mashed potatoes, green beans	<b>28</b>	
<b>29</b>	<b>30 B:</b> Cereal / Toast  <b>L:</b> Ham & Turkey subs, baked beans	<b>31 B:</b> Yogurt Bar  <b>L:</b> Chili , cinnamon roll	<b>Cereal variety offered daily @ breakfast</b> <b>Ham or Turkey Sandwich offered as alternate @ lunch</b> <b>Chef Salad available if called to kitchen by 9:00 am</b>				